AgeJET ADVANCED PLASMA SKIN THERAPY

Pre-Treatment Guide

2 weeks prior to the treatment
- Avoid excessive sun exposure and tanning.
- Application of a mineral SPF 30+ sunscreen on treatment area(s).
- Use additional sun protective measures such as wearing a wide-brimmed hat, sunglasses and sun protective clothing.

1 week prior to the treatment
- Discontinue exfoliating products (washes, scrubs, Retin A).
- Start using HA serum (recommended by provider) to maintain high levels of moisture in the skin.

Day of treatment
- Treatment area should be clean and free from any make-up or skincare products.
- Do not use mascara or wear contact lenses.
- Men need to shave treatment area one day prior to procedure.
- Women will need to shave one day prior to vaginal rejuvenation treatment.

Post-Treatment Guide

First 24 hours
- You may experience a sensation of warmth (like a sunburn) and skin will appear pink to red in color.
- Always wash hands with antibacterial soap before touching or cleaning the treatment area.
- Keep a thin layer of HA serum on at all times (reapply as needed) to avoid skin from drying out.
- Protect skin from sun exposure.
- If prescribed medication, please follow directions.

Day 2-5: Before complete peeling or flaking
- Switch from HA serum to Aquaphor to hydrate skin.
- The skin may darken from pink or red to a “bronzed” like appearance 3-5 days after treatment. This is likely with high energy procedures and will peel or flake off.
- It is important that the treated skin is left in place until it is ready to peel or flake. DO NOT PICK! Picking may result in an infection or scar.
- The treated skin will generally peel or flake within 2-5 days. The old skin will come off with washing.
- As skin peels or flakes, there may be some areas that are lighter or darker. This should even out over time.

After peeling or flaking
- Stop using Aquaphor when peeling or flaking is complete.
- Resume the use of mineral SPF30+ sunscreen to decrease the possibility of hyperpigmentation.
- New skin will have formed underneath the layer of treated skin and will need to be handled gently.
- It is normal for skin to have lighter and darker areas in the first few weeks as it heals. These are most often temporary and fade quickly, though in rare circumstances this can take up to 6 months.
- It will generally be 2-10 days after treatment before you can shave, depending on energy settings used during the procedure. Ask your provider when you can return to normal activities.